# Operating Manual (Follow It Strictly)

## Starting the box:

1. PUT SD card in
2. Press Green button (ON/OFF) to start and power the system
3. Allow **20** seconds to get it ready.
4. Start taking reading by pressing the red button.
5. Record reading from first bed and then move onto next bed and continue until you reach the last bed
6. Press Green button to turn OFF
7. Pull the SD card out
8. Copy data on cloud
9. Place SD card back

10.Done! Make sure power is OFF before leaving it

Please Handle with care, do not drop or place on an unstable surface

For battery charging, SD card and other detailed handling refer to [Step-by-step guide manual.docx](https://universityoflincoln-my.sharepoint.com/:b:/g/personal/akundu_lincoln_ac_uk/EZc_OG_teqBHkJJpP_wEIkABpC4y5LWit84kSQEx2INEmg?email=cezar.agavriloaie%40gs-fresh.com&e=acSTtQ)